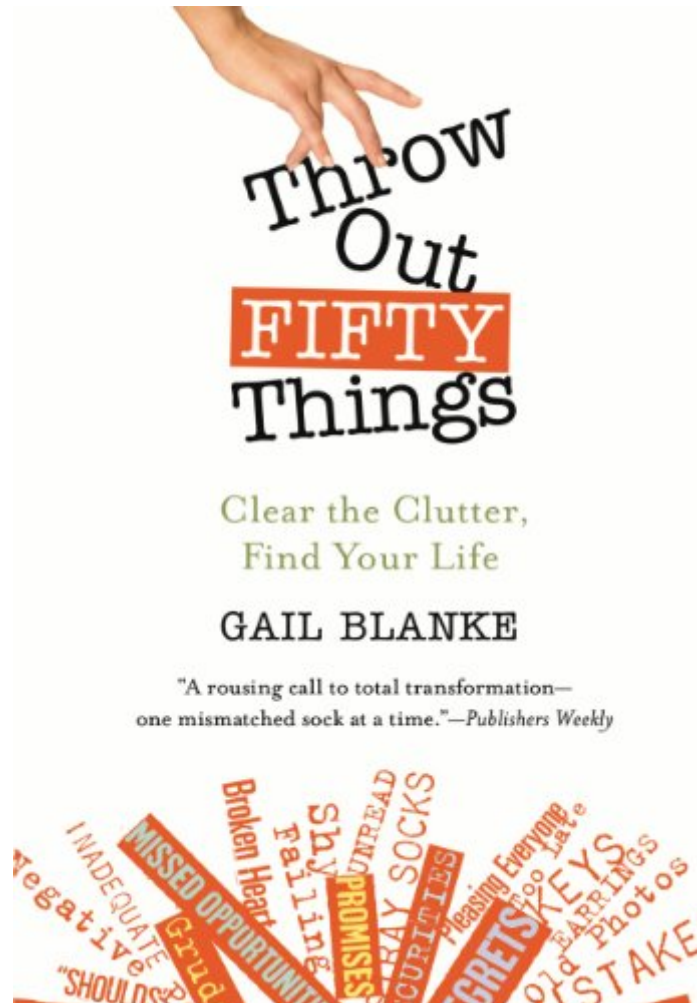




The book was found

Throw Out Fifty Things: Clear The Clutter, Find Your Life



Synopsis

"A perfect guide to getting the non-essentials out of the way, so that simple joys can make their way into our lives." - Marianne Williamson, author of *A Return to Love* "If you want to grow, you gotta let go," is the mantra that bestselling author, columnist, and life coach Gail Blanke lives by. That means eliminating all the clutter - physical and emotional - that holds you back, weighs you down, or just makes you feel bad about yourself. In *THROW OUT FIFTY THINGS* she takes us through each room of the house - from the attic to the garage - and even to the far reaches of our minds. Through poignant and humorous stories, she inspires us to get rid of the "life plaque" we've allowed to build-up there. That junk drawer (you know that drawer) in the kitchen? Empty it! Those old regrets? Throw 'em out! That make-up from your "old" look? Toss it! That relationship that depresses you? Dump it! Once you've hit fifty (you'll be surprised how easy it is to get there) and once you've thrown out that too-tight belt and too-small view of yourself, you'll be ready to step out into the clearing and into the next, and greatest, segment of your life.

Book Information

File Size: 522 KB

Print Length: 304 pages

Publisher: Grand Central Life & Style (March 3, 2009)

Publication Date: March 20, 2009

Language: English

ASIN: B001UFP4WS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #39,493 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #27

in [Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > How-to & Home Improvements >](#)

[Cleaning, Caretaking & Relocating](#) #73 in [Kindle Store > Crafts, Hobbies & Home > Home](#)

[Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating](#)

#132 in [Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Happiness](#)

Customer Reviews

I liked this book very much. Easy to read and follow and not too big! Thus, it does not take a lot of time to read. It inspired me to follow the instructions right away! I recommend it to anyone who needs to eliminate either a little clutter or a lot.

This book was recommended to me from a friend and I am so glad I purchased it. I didn't do the workbook like you are supposed to do along with the book, but it was great reading the chapters and going from room to room and throwing stuff out. I felt so relieved to get rid of junk that was overtaking my life. My life and house felt so much simpler and now I think twice before I decide to save something.

GREAT IDEAS TO REMOVE CLUTTER. WORTH THE READ AND A FAST READ. SHIPPED FAST AND IN GOOD CONDITION.JUST A FEW PAGES WILL HELP WITH YOUR CLUTTER.

Great book. Well written. Good advice but not in a preachy or condescending manner. I like the stories the author relates in how and why we save certain things.

Great book. Really makes you think about the junk in your life and how you really don't need it anymore.

I checked out this book at the library and liked it so much I had to purchase it for my mother. Great guide to not only discard unnecessary material things but also emotional things.

Awesome book especially for someone who has struggled with a lifetime of disorganization and severe ADD since I was a little girl

This book had been rec-commended by my son. I found it to very helpful.

[Download to continue reading...](#)

Throw Out Fifty Things: Clear the Clutter, Find Your Life Clutter-Free: ONE HOUR A WEEK
DECLUTTER! Simple Stress-Free Habits of a Clutter-Free Life.How to Organize Your
Home,Finance&Lifestyle! (Clutter Free,Lifestyle,Clutter,Declutter) CLUTTER TO CLUTTER FREE:
A Step by Step Guide on How to Organize and Get Rid of Clutter For a Stress-Free Life and Home
(Home Organization, Hoarding, Declutter, Clutter free living with Kids) Clutter Free: Clutter Free
Home EASY DECLUTTERING GUIDE (Clutter free, Clutter, Decluttering,Tidying up, Organizing,

Tiny house, Minimalism) Clear Home, Clear Heart: Learn to Clear the Energy of People & Places
Clear the Clutter, Free Your Home, Free Your Life: Sleep Learning, Hypnosis, Relaxation,
Meditation & Affirmations The Power of Forgetting: Six Essential Skills to Clear Out Brain Clutter
and Become the Sharpest, Smartest You Love Your Clutter Away: A step-by-step guide to gently
letting clutter go for good. 31 Days To A Clutter Free Life: One Month to Clear Your Home, Mind &
Schedule Your Spacious Self: Clear the Clutter and Discover Who You Are Breast Cancer Clear &
Simple, Second edition: All Your Questions Answered (Clear & Simple: All Your Questions
Answered series) Downsizing Your Home and Loving It: 50 Simple Steps To Organize Your Home,
Maximize Your Space And Live A Clutter Free Life (Downsizing Your Life, Decluttering ... How To
Organize, Organizational Hacks) Minimalism: A Minimalist's Guide to Eliminate Clutter, Clear the
Mind and Increase Productivity Fifty Ships That Changed the Course of History: A Nautical History
of the World (Fifty Things That Changed the Course of History) Fifty Plants that Changed the
Course of History (Fifty Things That Changed the Course of History) Human Footprint: Everything
You Will Eat, Use, Wear, Buy, and Throw Out in Your Lifetime (National Geographic Kids) Unstuff
Your Life: Kick the Clutter Habit and Completely Organize Your Life for Good Hoarding: Help For
Families Dealing With Obsessive Hoarding, Collecting and Clutter: (Treatments for Compulsive
Acquiring, Saving and Hoarding - Accumulating things) (Life Psychology Series Book 2) Never
Throw Rice at a Pisces: The Bride's Astrology Guide to Planning Your Wedding, Choosing Your
Honeymoon, and Loving Every Second of It, No Matter What Your Sign The Art of Discarding: How
to get rid of clutter and find joy

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)